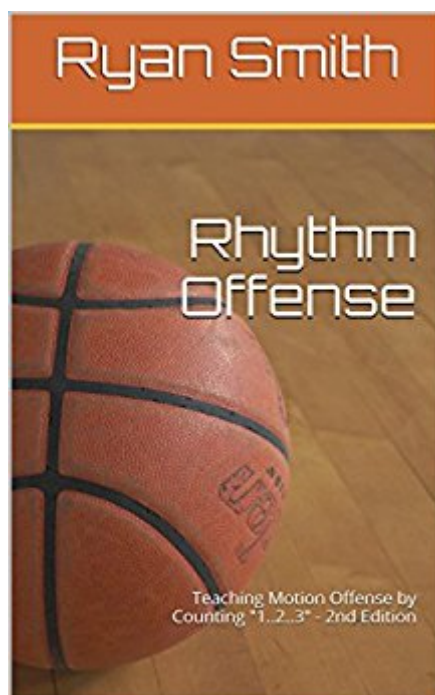


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# Rhythm Offense: Teaching Motion Offense By Counting "1..2..3" - 2nd Edition



## Synopsis

For all things Rhythm Offense, visit [www.rhythmoffense.com](http://www.rhythmoffense.com) Rhythm Offense introduces simple teaching concepts that can be applied to multiple areas of coaching basketball. A count method is used to guide players decision making both with and without the ball. The basic ideas are left open ended so coaches can use their imagination to incorporate them into to what they are currently running on offense or the ideas can be used to build an offensive philosophy from scratch. Once equipped with the basic knowledge presented, every coach will be confident knowing they can help their players with the pressures of playing offense. The second part of the book advances the basic idea of the count method into a numbering system. The numbering system is then used to assign game roles, motivate players to work on their skills, and quickly allow for practice and game communication between the coach and their players. Once coaches read Rhythm Offense, their viewpoint will change and they will see the game of basketball in a whole new light.

## Book Information

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## Customer Reviews

I liked the idea of the count system discussed in this book. I was hoping to read about a new offensive system, so I was left hanging a little bit. The title, Rhythm Offense, should be changed to

the Count System, since it is not really a type of offense, but something you add to your pre-existing offense. With that being said, the count method is simple, and seems like a unique way to get your players to understand their roles clearly.

In teaching this rhythm method to your team it sounds like something the players could understand and apply during intense competition. Some might like this but it makes things more clear for the players.

I think if coaches use these counting points they can teach players to think for themselves and make better decisions with the ball in their hands. I also really like the concept of using the numbers to describe a player's skill level or role on the team. Like the book says, great teams are made of one or two complete players and then a lot of players who understand their role on the team. Any coach can use something from this book no matter the style you coach.

I highly recommend this book for not only coaches, but teachers, family, or anyone that works with basketball youth. As a high school teacher and basketball fan, it has helped me to understand the game better, and to better connect to my student athletes. Fantastic read!

I had the privilege of working briefly at the same high school as Ryan, and I witnessed first-hand his successes as a coach. His Rhythm Offense provides practical and useful strategies to attain that same success. Great read for coaches.

Superb teaching tool. Breaks down in a simple manner. Useful for every type of offensive system. Can be applied to every type of attack

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